

***The Lunch Club***

***This meets every Tuesday in term time from 11.00am - 2.30pm. Lunch is served at 1.00pm.***

***Advance booking is essential.***

***Venue: Etloe Evangelical Church, Cossins Road, Redland, Bristol BS6 7LY***

***A healthy meal is prepared by a group of people with disabilities being trained to cook and serve meals.***

***The club is a place to meet with a small number of others and enjoy activities of your choice. We have a person who helps to organise these activities and ensure that all runs smoothly.***

***The club is especially for older people who live alone and may not often have freshly prepared meals.***

***If you are interested in coming, please contact us via e-mail [info@alfacc.org.uk](mailto:info@alfacc.org.uk)***

***[or phone Chris on 07941580802.&nbsp;](tel:07941580802)***