

***We run Quiet Garden mornings on the 2nd Monday of the month (usually).***

***10.30am-12.30pm***

***Come for some peace, reflection, prayer and refreshment (mental, spiritual and physical!)***

***14th March, 9th May, 13th June 2022.***

**Previous event and** active link to the [Quiet Garden Movement](#) website



# ALFA Quiet Garden

On *Saturday 29th*

From **2.00-4.30**

At Fulligrove House, Woodwell

BS11 9UG

“A welcome, stillness and spiritual refreshment  
Garden Movement—see <https://www.alfacc.org.uk>

In our busy lives do we take time to stop  
opportunity to sit in a beautiful place

Rev Anthony and Ros Hick will lead a time (from 2.00-4.30)  
to include spending a time of silence in the garden  
also be available!

*ALFA Christian Community is a Christian charity  
skills especially with adults with learning difficulties*

*www.alfacc.org.uk, e-mail info@alfacc.org.uk*