

**The Lunch Club takes place on Tuesdays during term times:**

**Summer Term 2019:**

23rd April– 23rd July

**Autumn Term 2019:**

3rd Sept – 17<sup>th</sup> December

**Spring Term 2020:**

7<sup>th</sup> January—31st March



David —our Lunch Club Facilitator

**Join us**

If you would like to come to the ALFA Lunch Club

please contact us:

E-mail: [info@alfacc.org.uk](mailto:info@alfacc.org.uk)

Tel: 0117 9826455

David, our Lunch Club Facilitator, will get in touch and make arrangements.

ALFA Christian Community is a recently formed charity, with a vision for providing real opportunities for people with disabilities to find a role in life where they can achieve and be appreciated for their contribution.

The Charity is founded in the Christian faith, and this training club takes place in the premises of a church with which we have connections.

Registered Charity Number: 1149610

Registered Company Number: 8277571

*Contact Address:*

Fulligrove House,  
Woodwell Road,  
Shirehampton  
Bristol  
BS11 9UG

E-mail: [info@alfacc.org.uk](mailto:info@alfacc.org.uk)

Tel: 0117 9826455.

For further information on the charity please visit our website:

[www.alfacc.org.uk](http://www.alfacc.org.uk)

*or visit us on Facebook—search ALFA CC*

Jesus said “I came that they may have life and have it abundantly.” John 10v10. ESV

**ALFA  
Lunch Club**



**Living alone?**

**Would you enjoy**

**- a 3 course lunch?**

**- good company?**

**- interesting activities?**

***This Lunch Club may be for you.***

## The lunch

Lunch is prepared by a group of adults with learning disabilities, supported by two talented chefs. They buy the ingredients on the day and prepare the meal on the premises. The food is nutritious and tasty and different each week. *“The best meal I have in the week!”*



One key aspect of the day is for people to really appreciate the excellent cooking of these lovely people.

## Activities

There is time before the lunch to gather for a cup of tea or coffee and some activity of interest to the group, which is extremely welcoming and friendly. Everyone has their interests and gifts and the group benefits from some of these. Members have led sessions on art, listening to vinyl records and singing favourite songs from the past. David our facilitator sometimes brings games or craft projects for the group to enjoy.



## Who, where, when?

A group of about 8 people make up the club, with a facilitator, David.



Christmas Lunch 18th December, 2018

Etloe Evangelical Church,  
Cossins Rd  
Redland  
BS6 7LY

**Tuesdays: 11:00—2:30**  
**Lunch served at 1:00 pm.**

### Transport.

If you need a hand getting to the Lunch Club, we may be able to help. This will be using the cars of our team.